



#### Instructions:

1. Change your guitar strings and tune them.
  2. Starting at the bridge, (Fig. 1) insert the string in the front groove followed by the back groove, which we call the "heel".
  3. Holding the Stretcha, gently lean your hand back so the string at the heel is parallel with the other strings. (Fig. 1)
  4. Keeping the string at the heel parallel with the other strings, slide the Stretcha along the string toward the nut (the tool should go as far as the first fret) (Fig. 2). Then pull it back to the bridge. Do this for each string.
  5. Retune and repeat this procedure - we recommend doing this twice. Sometimes a third stretch is required, usually with thicker gauge strings.
- CAUTION: Repeating this procedure more than four times can result in overstretching the strings.
6. DO NOT pull up too high (Fig. 3) or drage the heel on the fret board. (Fig. 4)